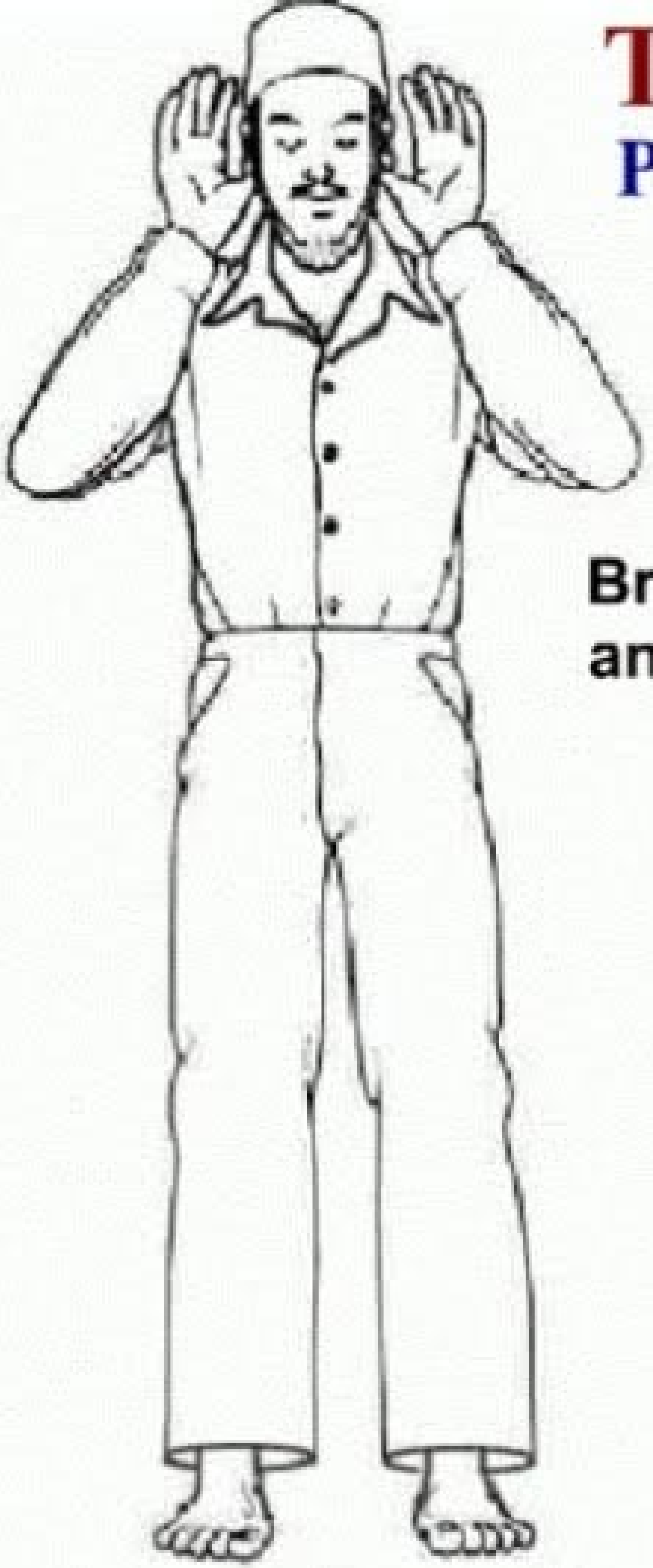


TAKBEERAT

Posture 1

Instructions:

Bring hands, palms open, up to ears, and place thumbs behind earlobes, and say

اَللّٰهُ اَكْبَرُ

Allah-o-Akbar

Allah is the Greatest

AL-QAYYAM

Posture 2

Recitation:

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ

وَتَبَارَكَ اسْمُكَ وَتَعَالَىٰ جَدُّكَ

وَلَا إِلَٰهَ غَيْرُكَ

**SUBHÁNA-KALLÁH-HUM-MA WA BI-HAMDIKA,
WATABÁRAKAS-MUKA WATA'ÁLÁ JADDUKA,
WA-LÁ ILÁHA GHAÍRUK**

O Allah, Glorified, praise-worthy.
and blessed is Thy Name and exalted Thy Majesty.
and there is no deity worthy of worship except thee.

AL-QAYYAM

Recitation:

أَعُوذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ

A'Ú-DHU-BIL-LÁ-HI MINASHAITÁNIR RAJÍM

I seek refuge in Allah for the rejected Satan

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ ○

BISMILÁHIR RAHMÁNIR RAHÍM

In the Name of Allah, the Beneficent, the Merciful

After this recite the opening Surah, Al-Fátihah:

Recitation:

ALHAMDU LIL-LÁHI RAB-BIL 'ÁLAMÍN
Praise be to Allah, Lord of the worlds
ٱلْحَمْدُ لِلَّهِ رَبِّ ٱلْعَٰلَمِينَ

AR-RAHMÁ-NIR RAHÍM
The Beneficent, the Merciful
ٱلرَّحْمَٰنِ ٱلرَّحِيمِ

MÁLIKI YAU-MID-DÍN
Master of the Day of Judgement
مَٰلِكِ يَوْمِ ٱلدِّينِ

IYYÁ-KA N'ABUDU WA-IYYÁKA NASTA'ÍN
Thee alone we worship and to thee alone we turn for help
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

IHDI-NAS-SIRÁ-TAL MUSTAQÍM
Guide us in the straight path
إِهْدِنَا ٱلصِّرَٰطَ ٱلْمُسْتَقِيمَ

SIRÁ TAL-LADHÍNA AN-'AMTA 'ALAÍHIM
The path of those whom You favored
صِرَٰطَ ٱلَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

GHAIR-IL MAGHDUBI 'ALAÍHIM
and who did not deserve Thy anger.
غَيْرِ ٱلْمَغْضُوبِ عَلَيْهِمْ

WALAD-DÁL-LIN (AMIN)
Or went astray.
وَلَا ٱلضَّآلِّينَ

Recite any other surah now

Recitation:

Recite this Surah or Any other Surah

قُلْ هُوَ اللّٰهُ اَحَدٌ ۚ اَللّٰهُ الصَّمَدُ ۚ

لَمْ يَلِدْ ۙ وَلَمْ يُوْلَدْ ۙ

وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ

QUL HOWALLAHU AHAD. ALLAAHUS-SAMAD

Say: He is God, The One and The Only. God, the Eternal, Absolute;

LAM YALID; WA LAM YOOLAD

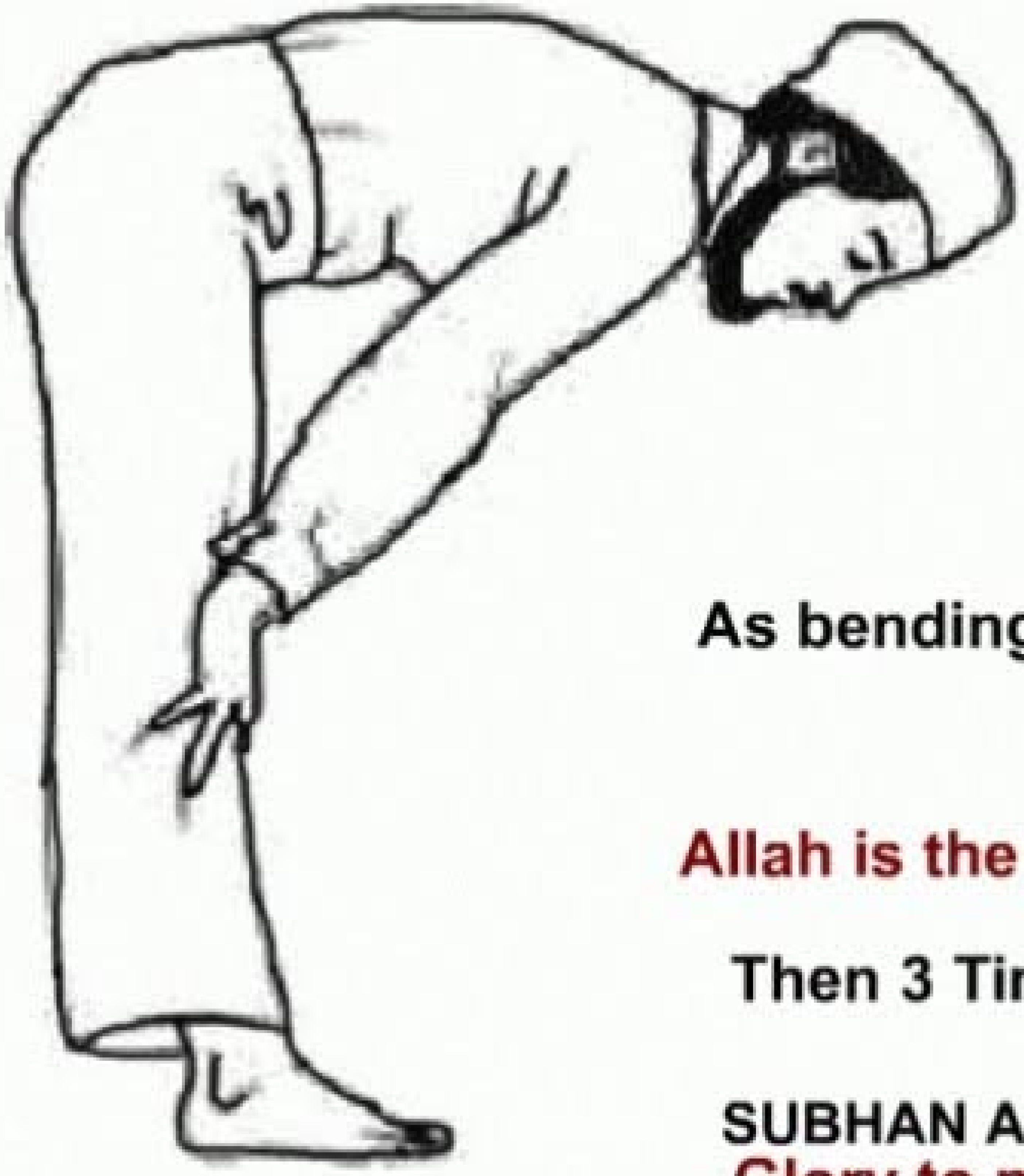
He begetteth not, Nor is He begotten;

WA LAM YAKULLAHOO KUFUWAN AHAD

And there is none Like unto Him.

RUKU

Posture 3



Instructions:

Bend down at waist, placing palms of hands with fingers spread over knees. Back is parallel to ground, such that if a glass of water were on the back, it would not spill. Eyes looking down, directly ahead.

As bending at the waist, recite

اَللّٰهُ اَكْبَرُ

Allah is the Greatest

Then 3 Times

سُبْحَانَ رَبِّيَ الْعَظِيْمِ

SUBHAN A RABBIYAL AZEEM

Glory to my Lord, the reatest

QAYYAM

Posture 4

Instructions:

While rising from the bending position of Ruku', recite

سَمِعَ اللّٰهُ لِمَنْ حَمِدَهٗ

SAMI 'ALLÁHU LIMAN HAMIDAH

Allah has heard all who praise Him

رَبَّنَا لَكَ الْحَمْدُ

RAB-BANÁ LAKAL HAMD

Our Lord: Praise be to Thee

Then return to standing position, arms at side

Recitation

ALLÁH AKBAR

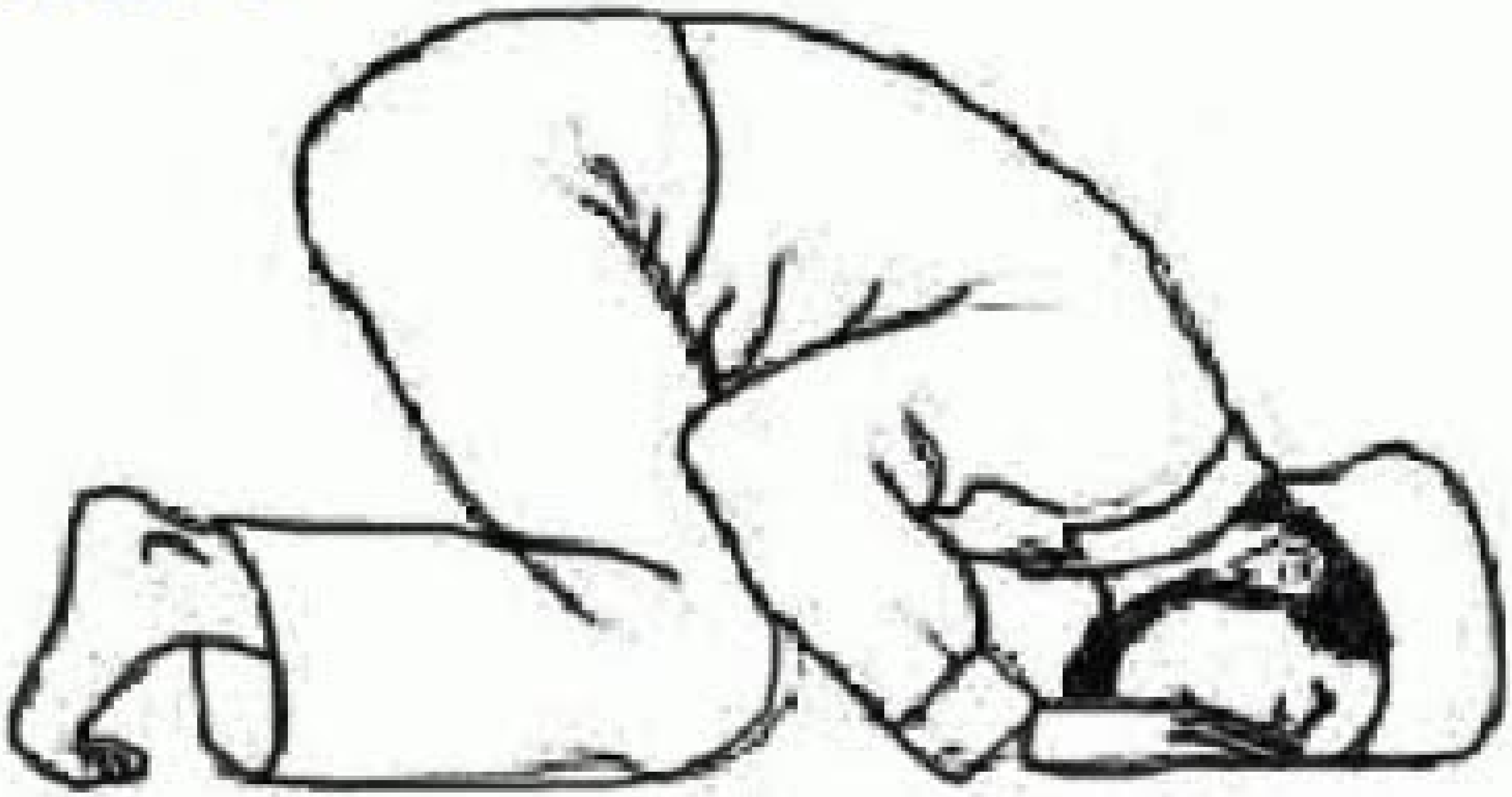
Allah is the greatest

اَللّٰهُ اَكْبَرُ

and move to next position

SAJJDAH

Posture 5



Instructions:

Go down to a kneeling position by placing both hands on knees, lowering oneself slowly and easily onto knees, then touch the head upon the ground so that the following seven body parts are in contact: forehead, two palms, two knees, toes of both feet

Recitation

Recite 3 Times

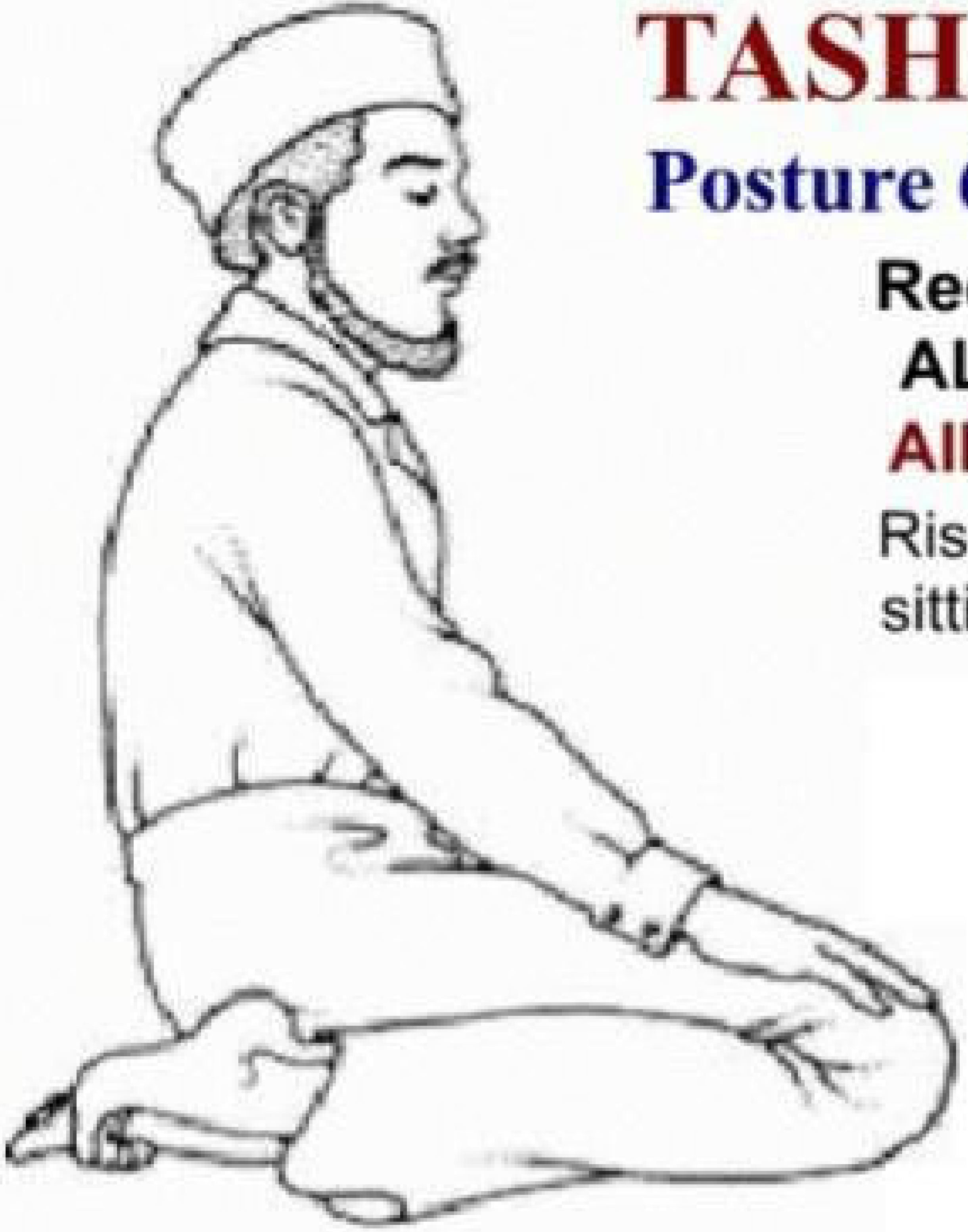
سُبۡحَانَ رَبِّیَ الۡاَعۡلٰی

SUBHÁNA RÁB-BI-YAL A'ALÁ

Glory to my Lord, the most high

TASHAHHUD

Posture 6



Reciting

ALLÁH AKBAR

Allah is the greatest

اَللّٰهُ اَكْبَرُ

Rise from the SAJJDAH position, and assume the sitting posture shown to the left.

Then recite

ALLÁH AKBAR

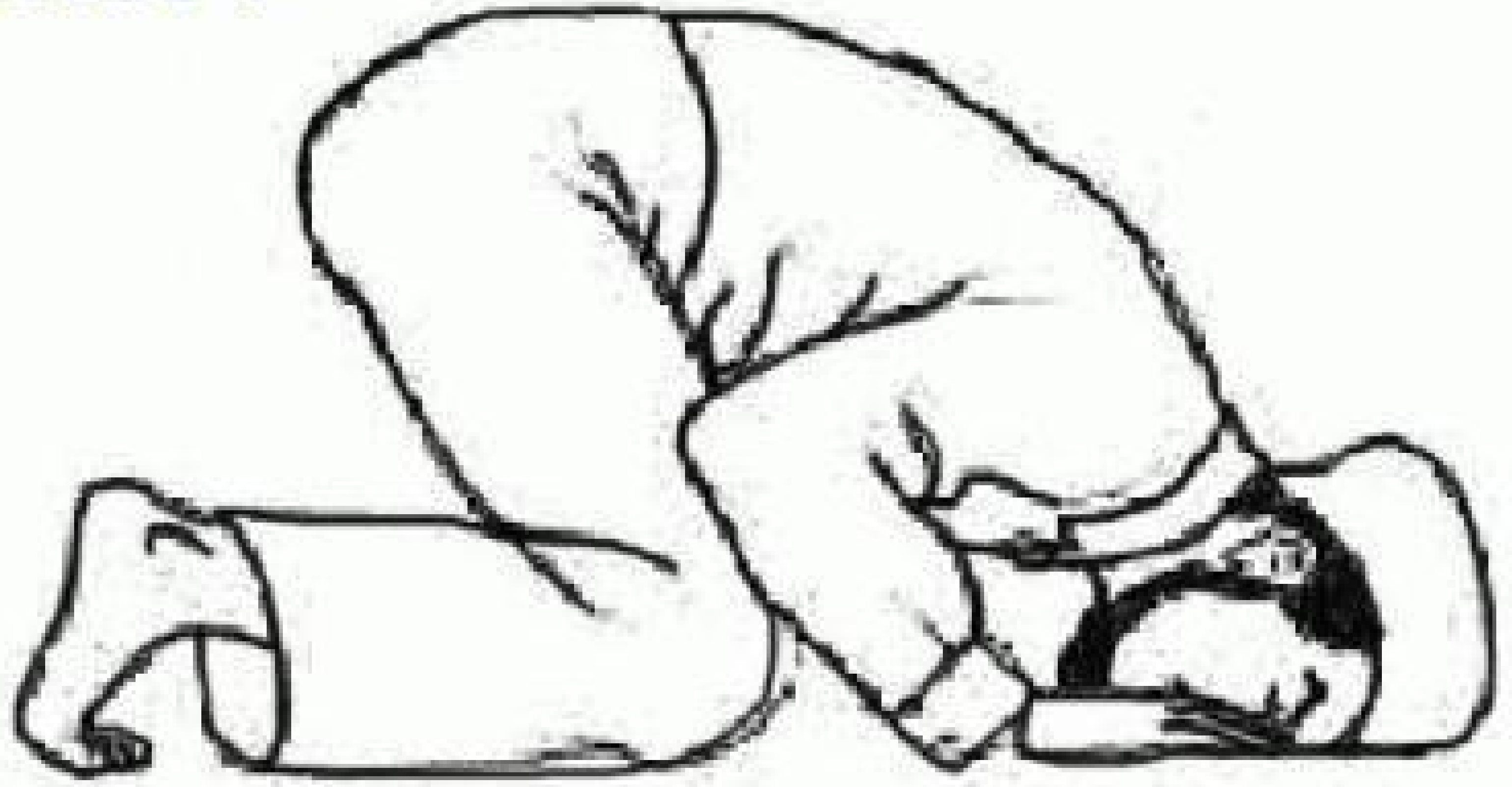
Allah is the greatest

اَللّٰهُ اَكْبَرُ

And then assume SAJJDAH position once more

SAJJDAH

Posture 7



Instructions:

Go down to a kneeling position by placing both hands on knees, lowering oneself slowly and easily onto knees, then touch the head upon the ground so that the following seven body parts are in contact: forehead, two palms, two knees, toes of both feet

Recitation

Recite 3 Times

سُبْحَانَ رَبِّیَ الْاَعْلٰے

SUBHÁNA RÁB-BI-YAL A'ALÁ

Glory to my Lord, the most high

QUOOD

Posture 8

Instructions:

If the required number of Rakats is but two, the Salat would proceed to the next recitation

Recitation

اَلتَّحِيَاتُ لِلّٰهِ وَالصَّلَوٰاتُ وَالطَّيِّبَاتُ
اَلسَّلَامُ عَلَيْكَ اَيُّهَا النَّبِيُّ
وَرَحْمَةُ اللّٰهِ وَ بَرَكَاتُهٗ
اَلسَّلَامُ عَلَيْنَا وَعَلٰی عِبَادِاللّٰهِ الصّٰلِحِيْنَ ○
اَشْهَدُ اَنْ لَّآ اِلٰهَ اِلَّا اللّٰهُ
وَاَشْهَدُ اَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُوْلُهٗ ○

QUOOD

Posture 8

Recitation

AT-TAHI-YÁTU LIL-LÁHI WAS-SALAWÁTU WAT-TAY-YIBÁTU.
All prayers and worship through words, action and sanctity are for Allah only.

AS-SALÁMU 'ALAIKA AY-YUHAN-NABIY-YU.
Peace be on you, O Prophet.

WARAHMATUL-LÁHI WABARAKÁTUH.
And Mercy of Allah and His blessings.

AS-SALÁMU 'ALAINÁ WA'ALÁ 'IBÁDIL-LÁHIS-SÁLIHÍN.
Peace be on us and on those who are righteous servants of Allah.

ASH-HADU AL-LÁ ILÁHA IL-LAL-LAHÚ.
I bear witness to the fact that these is no deity but Allah.

WA-ASH-HADU AN-NA MUHAMMADAN 'ABDUHU WARASÚLUH
I bear witness that Muhammad is His slave and messenger

Instructions:

In the three raka'át(i.e. Maghrib) or four raka'át (Like Zuhr, 'Asr and 'Ishá) Saláh you stand up for the remaining raka'át after Tashahhud. On the other hand if it is two raka'át (Fajr) Saláh, keep sitting and after this recite Darud (blessing for the Prophet) in these words:

QUOOD

Posture 8

Recitation

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّ عَلٰى اٰلِ مُحَمَّدٍ
كَمَا صَلَّيْتَ عَلٰى اِبْرٰهِيْمَ وَ عَلٰى اٰلِ اِبْرٰهِيْمَ
اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ط

AL-LÁHUM-MA SAL-LI 'ALÁ MUHAMMAD-IW WA 'ALÁ ÁLI MUHAMMADIN

O Alláh, exalt Muhammad and the followers of Muhammad

KAMÁ SAL-LAITA 'ALÁ IBRÁHÍMA WA'ALÁ ÁLI IBRÁHÍMA

As thou did exalt Ibrahim and his followers

IN-NAKA HAMÍDUM-MAJEED

Thou art the praised, the Glorious

QUOOD

Posture 8

Recitation

اَللّٰهُمَّ بَارِكْ عَلٰے مُحَمَّدٍ
وَعَلٰے اٰلِ مُحَمَّدٍ
كَمَا بَارَكْتَ عَلٰے اِبْرٰهِيْمَ وَعَلٰى اٰلِ اِبْرٰهِيْمَ
اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ط

AL-LÁHUM-MA BÁRIK 'ALÁ MUHAMMAD-IW
O Alláh, bless Muhammad

WA 'ALÁ ÁLI MUHAMMADIN
and his followers

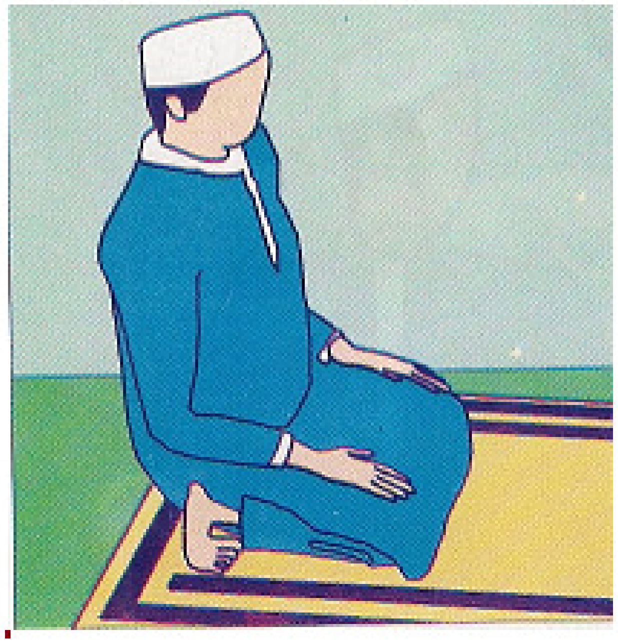
KAMÁBÁRAKTA 'ALÁ IBRÁHÍMA WA 'ALÁ ÁLI IBRÁHÍMA
as Thou has blest Ibrahim and his followers

IN-NAKA HAMÍDUM-MAJEED
Thou art the Praised, The Glorious

QUOOD

Posture 15

After this recite the following du'a:



رَبِّ اجْعَلْنِي مُقِيمَ الصَّلٰوةِ وَمِنْ ذُرِّيَّتِي

رَبَّنَا وَتَقَبَّلْ دُعَآءِ ○ رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَ

لِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ ○

Rabbij-alnee muqeemas-salaati wa min zurriyyatee,

(O my Lord! Make my children and myself

اے پروردگار مجھ کو نماز کا پابند بنادے اور میری اولاد کو بھی

rabbanaa wata qabbal duaa, rabbanagh-fir-lee wali waali dayya wa

regular in Salah. O our Lord! Accept my

اے اے پروردگار میری دعا قبول فرما، اور ہمارے پروردگار مجھ کو اور

lil mu'mineena yawma yaqoomul hisaab

prayer. O our Lord! Forgive me. Forgive my

میرے ماں باپ اور سارے مسلمانوں کو بخش دے اس دن جب کی عملوں کا حساب ہوگا:۔

Posture 9

Instructions:

Now turn your face to the right saying

اَلسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللّٰهِ ط

AS-SALÁMU 'ALAIKUM WA-RAHMATUL-LÁH

Peace be on you and Allah's blessings.

Now turn your face to the left saying

اَلسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللّٰهِ ط

AS-SALÁMU 'ALAIKUM WA-RAHMATUL-LÁH

Peace be on you and Allah's blessings.